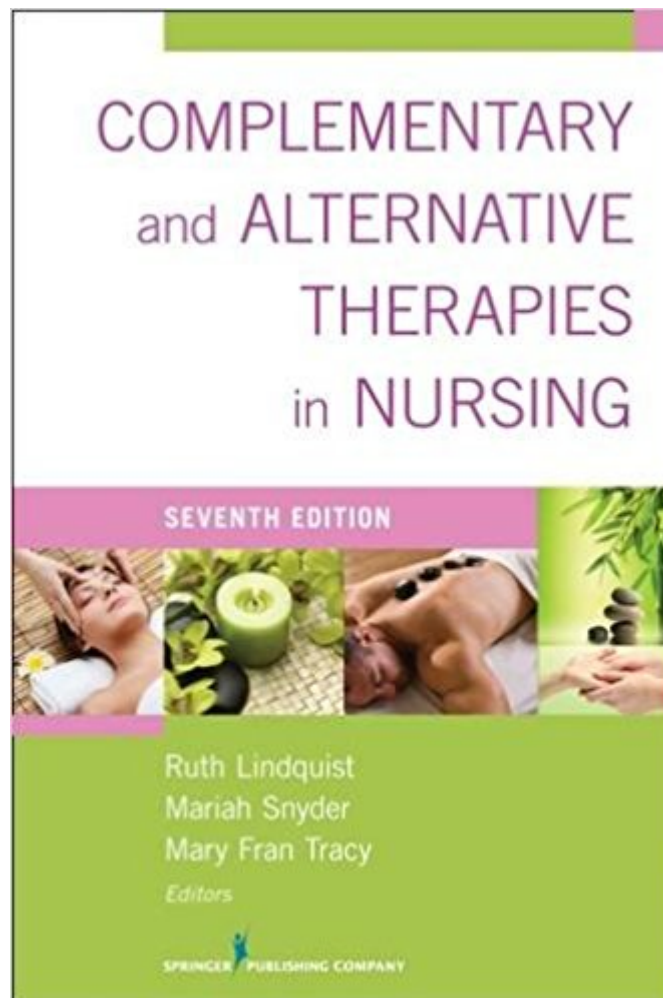




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# Complementary & Alternative Therapies In Nursing: Seventh Edition



## Synopsis

Sixth Edition Designated a Doody's Core Title! [C]onsistently offers easily accessible and timely information on how complementary therapies influence the health, comfort, and well-being of patients in a variety of clinical settings. It is an influential resource for nurses in practice, education, and research. --Janice Post-White, PhD, RN, FAAN Praise for the Sixth Edition Complementary and alternative therapies are increasingly popular and this book provides an informative and up-to-date introduction to the more commonly used treatments."--IAHPC Newsletter (International Association for Hospice and Palliative Care) The seventh edition of this highly acclaimed book continues to deliver evidence-based practice guidelines for the use of complementary and alternative therapies in nursing. It is the only book about complementary/alternative therapies that is focused on nursing, has chapters that examine specific therapies along with guidance for their implementation, and addresses therapies through a cultural/international lens. It reflects the rapid expansion of research on many complementary therapies and the exponential increase in the use of these therapies in the United States and globally. This new edition satisfies the recent requirement by the AACN for knowledge of complementary therapies as essential content for BA and Post-BA programs and will assist students in their study for NCLEX-RN test items regarding complementary therapies. New to this edition are the contributions of a new editor, Dr. Mary Frances Tracy, who is a recognized expert in the use of complementary therapies in both research and practice settings. In addition to the updating of all research-related content, the book now includes a focus on the use of alternative therapies outside of the U.S. and content on cultural therapies that nurses may encounter in clinical agencies. The book incorporates the most up-to-date information from the National Center for Complementary/Alternative Medicine (NCCAM), the relationship of technology to complementary therapies, updated information about precautions to be taken or interactions to note when using these therapies, instructions for the use of various therapies, and available resources and legal aspects related to the use of complementary therapies. The book includes an interactive PDF. New to the Seventh Edition: Completely updated research-related contents A focus on the international use of alternative/complementary therapies Incorporates new information from the National Center for Complementary/Alternative Medicine including their most recent classifications for complementary therapies New content on cultural therapies that nurses may encounter Technology and complementary therapies New information on precautions and potential interactions Instruction techniques for each therapy in exhibit form Legal concerns regarding the use of complementary therapies New references providing cutting edge content

## Book Information

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## Customer Reviews

Ruth Lindquist, PhD, RN, FAAN, APRN-BC, is Professor and Senior Associate Dean for Administration and Academic Affairs, University of Minnesota School of Nursing, and faculty member at the Center for Spirituality and Healing in the Academic Health Center. Her research as a Densford Scholar in the Katharine J. Densford International Center for Nursing Leadership focuses on critical care nurses' attitudes toward and use of complementary and alternative therapies and cardiovascular patient response to the use of therapies in the context of hospitalisation with acute cardiac conditions. Mariah Snyder, PhD, RN, FAAN, is Professor Emeritus at the University of Minnesota School of Nursing. Independent nursing interventions and complementary therapies have been the focus of her career. She has studied the effects of complementary therapies in promoting the health and wellbeing of elders, particularly those with dementia. Dr. Snyder was a founding member of the Center for Spirituality and Healing at the University of Minnesota and the establishment of the Center's graduate interdisciplinary minor. She continues to incorporate complementary therapies in her volunteer activities with women in recovery programmes and elders. Mary Frances Tracy, PhD, RN, CCNS, FAAN, is a Critical Care Clinical Nurse Specialist at the University of Minnesota Medical Center, Adjunct Assistant Professor at the University of Minnesota School of Nursing, and Adjunct Assistant Professor at the University of Minnesota School of Medicine. Dr. Tracy has been the PI or co-PI on eight major funded research projects, some of which focus on nurse use of alternative therapy interventions in critical care to reduce reliance on traditional medicine and methods. One of these projects, on reducing sedative-exposure on

ventilated patients, has been on-going since 2006 and is funded by NINR (>\$1.3M). Dr. Tracy has published 21 papers and 19 book chapters and is the Editor for AACN Advanced Critical Care Journal.

Great resource. Love having so many articles referenced. I've used several of the protocols with excellent results.

exactly what I needed and it was sent in time and with no problems.

Love it!

Comprehensive and informative. It's a keeper!

Perfect

this book came as described. Was needed 400 im currently taking.

Not a very in depth book. I'm glad I rented versus purchasing it.

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